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- IDENTITY
- EQUALITY
- CHOICE
- PART

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FUTURE

STORY

THE FEMINIST

VOL. 19

BECOMING

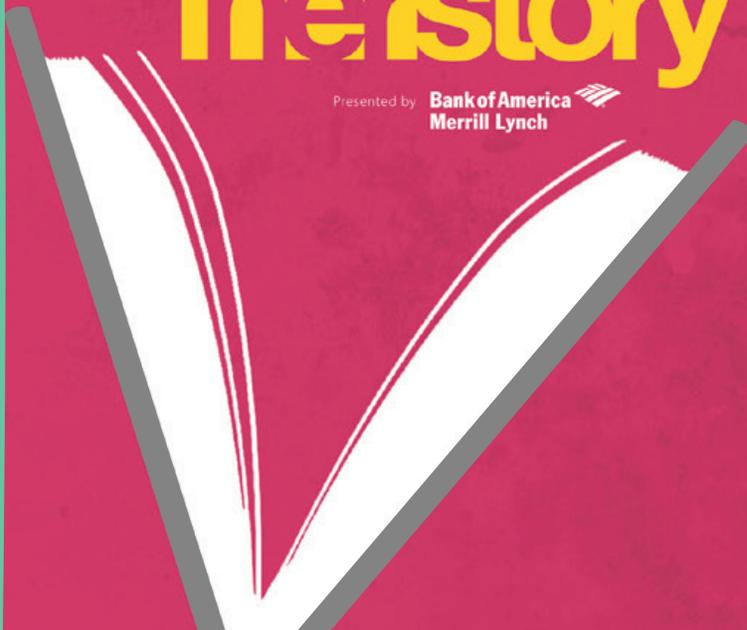
LEADERS



LOS ANGELES COUNTY  
Women's Leadership Conference

MAKING  
**herstory**

Presented by **Bank of America**  
**Merrill Lynch**



# WELCOME TO THE 2019 WOMEN'S LEADERSHIP CONFERENCE!

Dear fellow HERstory makers

We are so excited to welcome you to the 10<sup>th</sup> Annual Los Angeles County Women's Leadership Conference!

What a journey this has been. Ten years ago, the Public Works Women's Leadership Council took a giant leap of faith and launched its inaugural event - the Women's Legacy Conference. Despite our humble beginnings, the overwhelming success of the Legacy Conference made it evident that there was a tremendous need for this type of forum at a much greater scale. And so the event was transformed into the Los Angeles County Women's Leadership Conference bringing together the County family for a day of empowerment and inspiration. Today, with over 1000 attendees, we are at capacity at the Pasadena Convention Center selling out in an unprecedented 48 hours. Reflecting on this decade, we have indeed made history.

But we realize that we stand on the shoulders of those who came before us. We could not be more thrilled to share this exciting milestone with the centennial of the 19th amendment to the United States Constitution.

Our theme this year is Making HERstory and is dedicated to the courageous women who paved the way and those who continue to forge ahead.

Our sincere hope is that you will leave our conference inspired to take on the torch, shatter those glass ceilings, and break all barriers.

We owe a huge thank you to our speakers, sponsors, committee members, and ambassadors for generously contributing time and resources to our cause. It is because of their joint efforts that we can continue to hold successful conferences every year.

This event could not go on without all of YOU, our attendees. Thank you for supporting our vision and allowing us to grow into what we are today - you've truly helped us **make history**.

Onward and upward,  
The Los Angeles County Women's Leadership Conference Committee



# CONFERENCE COMMITTEE

Los Angeles County gratefully acknowledges the dedication and hard work of the members of its 2019 Los Angeles County Women's Leadership Conference Committee.



## Shirley Cheng and Kaitlin Hannon, 2019 Co-Chairs

- Abbe Land
- Erika Mesa
- Lauren Franklin
- Nam Doan
- Alynn Sun
- Glenda Rodil
- Leigh Clausen
- Naomi Guzman
- Ana Ronquillo
- Heidi Oliva
- Lorena Chavez
- Neal Mok
- Angela Jung
- Javaneh Noorparvar
- Lorraine Gonzales
- Patricia Gomez
- Ann Aguilar
- JeNai Davis
- Lt. Marta E. Contreras
- Rebecca Camacho
- Brittany Carter
- JoAnn Aguero
- Mackenzie Domann
- Rossana D'Antonio
- Camilya Wilson
- Joseph Alford
- Mayra Cabrera
- Shirley Cheng
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- Kaitlin Hannon
- Melanie Morita
- Shree J. Gulley
- Caroline Lerch
- Karin Burger
- Michael Blackwood
- Silvia Gonzalez
- Connie Chan
- Kathy Salama
- Michael Harmon
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- Kimberly Burch-Garcia
- Mireya Martinez
- Tatiana Rosas
- Elizabeth "Biz" Tanner
- Laura Ebbott
- Miriam Brown
- Vickie Huen
- Elizabeth Ginsberg
- Laura Rockett
- Molly Gonzalez-Pa

## MESSAGE FROM THE WOMEN'S LEADERSHIP CONFERENCE EXECUTIVE SPONSOR



Ten years ago, a group of women from Public Works launched a bold idea to design a day of women's empowerment that could fill the void that remained when Maria Shriver's Women's Conference went dark. No one could have imagined that we would arrive at this place. Along this journey, I have seen this conference explode in size and stature into a Countywide affair selling out in mere hours. I have seen a rich and diverse new generation of women and men lead with new and creative ideas that have resulted in ever increasing successful productions. I have experienced inspiration and empowerment provided by a conference that maintains relevance through real-life societal issues. Most importantly, I have observed the blossoming of leadership. Bold and courageous leaders ready to take on the world.

Because yes, I believe that one person with a passion can change the world. After all, that's what this conference has always been about.

I could not be prouder of all the conference influencers - past and present. You are all leaders in your own right. Here's to the next decade!

### Rossana D'Antonio

Deputy Director  
Los Angeles County Public Works

## 2019 LA COUNTY WOMEN'S LEADERSHIP CONFERENCE COVER ARTIST



### Nam Doan

Cover Artist  
@namogram

This year's cover design embodies the theme, "Making HERstory", by highlighting the 100th anniversary of the 19th amendment, which granted women the right to vote. The ballot represents important topics for all people and that each vote is putting a mark in history. Inside the ballot box are 4 books each with an Easter egg: (1) The yellow book says "Vol. 19" to represent the 19th amendment and year 2019, (2) the blue book is titled after former First Lady Michelle Obama's Becoming, (3) the green book has the roman numeral "IV/V" to represent that 4 of the 5 Board of Supervisors are women, and (4) the open book is unwritten waiting for you to tell your story!

Nam Doan is a Senior Civil Engineering Assistant at LA County Public Works in the Environmental Programs Division. He has worked at Public Works since 2015. Raised in Southern California, Nam earned his B.S. in Civil Engineering at UC Irvine with a Minor in Digital Arts. Nam has always had a passion for art & design and enjoys graphic designing for stationary, apparel, logos, and even menus! On the weekends, you'll find Nam with his hands full as an uncle to three: Stephen (3), Zachary (1), and Zoe (1 month).

## SOCIAL MEDIA



Need help? Keep an eye out for our Conference Ambassadors with these pink '@SK ME!' buttons! They will be able to answer all your questions like where's nearest restroom, when's lunch, and how to get involved in the social media fun!

There are a lot of ways to participate throughout today's conference with social media. Engage with us and you will automatically be entered to win amazing prizes, including: a Ring indoor camera, Michael Kors watch, gift cards, experiences, & more!

Follow us on Twitter and Instagram @LACWomenLeaders. Use the hashtag #LACWLC2019 #makingHERstory

Winners will be selected via Twitter and Instagram for the following:



- Best quotes, best pictures, most inspirational and funniest tweets
- Best advice, guidance, or epiphany you had during the day
- Finding hidden prizes during the 'Hide and Tweet' scavenger hunt



We will be messaging the winners on each platform, so please check your feed throughout the day. Prizes are claimed at the Social Media Table where you can also chat with our social media experts. Ask a Conference Ambassador with a mint lanyard where to find us or find us online @LACWomenLeaders!

### Need help creating a Twitter or Instagram account?

Visit our social media experts at the Social Media Table located in the back of the ballroom.



## PRIZE SPONSORS

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- Vanity Planet
- Cosmos Creations
- Colgate
- 9 Leaves
- Maxim
- The Huntington Library, Art Collections, and Botanical Garden
- The Broad

# CONFERENCE AGENDA

Thursday, November 21, 2019

- 7:30 AM Registration and Continental Breakfast BALLROOM FOYER**
- 8:45 AM Video: 2019 Women's Leadership Conference Intro BALLROOM**
- Welcome**  
Mark Pestrella, Director, Los Angeles County Public Works
- Los Angeles County Welcome**  
Kathryn Barger, 5th District Supervisor, Los Angeles County Board of Supervisors
- 9:15 AM My Story**  
Sachi Hamai, CEO, Los Angeles County
- 9:35 AM ROAR AND SOAR: Leadership in a Time of Uncertainty**  
Dr. Janus Adams, LHD, ABD, Janus Adams LLC
- 10:10 AM The Extraordinary Impact We Can Create**  
Shiza Shahid, Founder, NowVentures, Co-Founder and Founding CEO, Malala
- 10:45 AM Fund Video: Dream Crazy by Nike**
- 10:50 AM Networking and Headshots BALLROOM FOYER**
- 11:15 AM Morning Breakout Sessions (Concurrent) CONFERENCE CENTER**
- Your Prosperity Picture ROOM 102**  
Lisa Kueng, Director of Creative Campaigns, Invesco Consulting
- How Not to be an A\*\*hole When Talking About Male Privilege ROOM 104**  
mike knox, Director of New Student and Leadership Programs, UCI  
Adrian Williams, Program Coordinator, UCI Womxn's Hub
- One of These Things is Not Like the Other: Leveraging Your Distinction to Lead and Succeed ROOM 106**  
Yvette Martinez-Rea, CEO, ESL North America
- The Power of Media Perception ROOM 107**  
Tatiana Lee, Actor, Model, Hollywood Inclusion Influencer, Accessible Hollywood

- 12:15 PM Networking and Headshots BALLROOM FOYER**
- 12:30 PM Lunch BALLROOM**
- 1:10 PM My 'Her' Story BALLROOM**  
Nicole Maines, Actress
- 1:45 PM Afternoon Breakout Sessions (Concurrent) CONFERENCE CENTER**
- Making Difficult Conversations, Safe Conversations ROOM 102**  
Lorie Reichel-Howe, Founder, Conversations In The Workplace
- Imposter Syndrome with AsianBossGirl ROOM 104**  
Melody Cheng, Helen Wu, and Janet Wang, Podcast Hosts, AsianBossGirl LLC
- Beyond the Status Quo: Women's Leadership with Purpose ROOM 106**  
Dr. Sumun Pendakur, Chief Learning Officer, USC Race and Equity Center
- Healing from Diet Culture: Making the World Safer for All Bodies ROOM 107**  
Kelsey Domann-Scholz, Counselor/Consultant/Activist, Wild Fern Counseling, PLLC
- 2:45 PM Networking and Refreshments BALLROOM FOYER**
- 3:05 PM (She's) In The Room Where It Happens BALLROOM**  
Sheila Kuehl, 3rd District Supervisor, Los Angeles County Board of Supervisors
- 3:25 PM If Women Ran the World**  
Anne-Marie Slaughter, CEO, New America
- 4:00 PM Never Ever Give Up**  
Diana Nyad, Record-Breaking Endurance Athlete & Sports Journalist
- 4:35 PM Closing Remarks**  
Shirley Cheng, Co-Chair, Los Angeles County Women's Leadership Conference  
Kaitlin Hannon, Co-Chair, Los Angeles County Women's Leadership Conference

## GIFT BAG SPONSORS

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- Morinaga / Hi-Chew
- So Cal Home Health and Hospice Care, Inc.
- DiversityComm (Professional Women Magazine)
- Enterprise

## WELCOME



### Mark Pestrella

*Director, Los Angeles County Public Works*

Mark Pestrella is the Director of Los Angeles County Public Works. In this capacity, he serves as the County Engineer, the County Road Commissioner, and the Chief Engineer of the Los Angeles County Flood Control District. With an annual budget of more than \$2.7 billion and a workforce of 4,000 employees, Los Angeles County Public Works is the largest municipal public works agency in the United States, providing vital public infrastructure and civic services to more than 10 million people across a 4,000-square-mile service area. Public Works' diverse operations are defined within six core service areas: Water Resources, Transportation, Environmental Services, Public Buildings, Developmental Services, and Emergency Management.

Mr. Pestrella is a licensed civil engineer and a 32-year veteran of Public Works and has held a variety of management positions. He is a native of Southern California and attended California Polytechnic State University, San Luis Obispo, where he received a Bachelor of Science Degree in civil engineering with concentrations in structural engineering and water resource management.



### Kathryn Barger

*5<sup>th</sup> District Supervisor, Los Angeles County Board of Supervisors*

Supervisor Kathryn Barger proudly serves the residents of Los Angeles County's 5th Supervisorial District — the county's largest — spanning 2,800 square miles, which includes 22 cities and 70 unincorporated communities in the San Gabriel, San Fernando, Crescenta, Santa Clarita and Antelope Valleys.

Kathryn was born and raised in the 5th District and comes from a family with deep roots in public service in Los Angeles County. She is married to a retired sheriff's deputy and lives in the San Gabriel Valley.

Dedicated to providing effective, responsive representation to the residents of Los Angeles County, Kathryn began her career in public service as a college intern in the office of Supervisor Michael D. Antonovich and rose to become his Chief Deputy in 2001, where she served until her election to the Board of Supervisors in November 2016.

During the course of her County career as Chief Policy Advisor on health, mental health, social services and children's issues, Kathryn ensured efficient and effective services and programs to significantly improve the quality of life for foster children, seniors, veterans, those with disabilities, and those with mental illness.

Committed to keeping our neighborhoods and communities safe, she has worked with state and federal leaders and our county district attorney, sheriff, and other law enforcement agencies to implement tough laws and vital public safety initiatives.

She is an advocate for the environment and efforts to preserve open space, enhance parks, trails, recreational programs and facilities, as well as libraries and after-school programs to serve local communities.

## MORNING PROGRAM



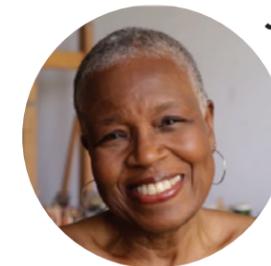
### Sachi Hamai

*CEO, Los Angeles County*

Sachi A. Hamai is the Chief Executive Officer of Los Angeles County. She is responsible for managing the strategic direction and day-to-day operations of the nation's largest municipal government, including the oversight of Los Angeles County's \$32.5 billion budget. She has led Los Angeles County to achieving its overall highest credit rating in its recorded history. Los Angeles County has achieved a total of four credit upgrades achieved under CEO Hamai's leadership.

As CEO, Sachi Hamai is instrumental in developing, implementing and advancing the Board of Supervisors' key priorities. These include the unprecedented response to the region's homeless crisis, streamlining access to health services, justice reform, child protection, immigrant rights protection and environmental monitoring and oversight.

In 2019, Sachi was named one of L.A.'s Top 500 most influential leaders for the fourth consecutive year by the Los Angeles Business Journal. Her honors include the Innovate@UCLA 2019 Public Sector Executive Leadership Award, the Clarence A. Dykstra 2018 Award for Excellence in Government, the Asian American Architects and Engineers Association's 2017 Asian American Leadership Award, and honors from the Asian American Employee Association and the Indian American Professional Association. Sachi also co-founded WomenLeadLAC in 2017 as a forum for networking up-and-coming women in management with L.A. County's top executives. She serves on the board of United Way of Greater Los Angeles and is a member of the U.S.-Japan Council.



### Janus Adams

*LHD, ABD, Janus Adams LLC*

Emmy Award-winning journalist, former NPR National Arts Correspondent, network news commentator, talk show host and producer for radio and television, historian, and bestselling author of eleven books, Dr. Janus Adams has been engaged by history and culture since childhood.

At the age of 8, Dr. Adams was one of the four "test children" selected to break New York's segregated school policy who transferred from their all-black school to take a place in an all-white school. At the age of 10, she was introduced to Dr. Martin Luther King Jr. at New York's Riverside Church. "He asked what I was doing for 'our people.' I told him about what I was experiencing with my classmates. He lifted my chin and said that what we were doing was 'important.' That one gesture from him helped cleanse the wounds," said Adams.

Today, Dr. Adams is passing on the spirit of Dr. King's promise. Her Raised by Dr. King campaign aims to "inform, inspire, engage, and empower children" and their support systems of family and community. Dr. Adams is a host and co-executive producer of public radio, television, and podcast, "The Janus Adams Show." Dr. Adams reminds her audiences to celebrate what makes us whole, confront the past and its legacies, and conjure the future. It's about "history and healing."

## MORNING PROGRAM



### Shiza Shahid

*Founder, NowVentures, Co-Founder and Founding CEO, Malala Fund*

Shiza Shahid is an entrepreneur, technologist, investor and impact leader. She co-founded the Malala Fund with Nobel Prize winner Malala Yousafzai, and led the organization as founding CEO. She focused on creating access to high quality education for all children around the world.

Shiza launched NOW Ventures in Silicon Valley, in partnership with AngelList, the largest Venture Capital Platform in the world. She invests in mission-driven technology startups that are solving the world's most pressing challenges through technology, innovation, and high-growth business models. Shiza is also the founder of The Collective, a community of leading entrepreneurs that come together to build collaborative change. Additionally, Shiza is the host of the new USA Today show "ASPIREist," which inspires millennials to take action on the issues that matter most.

Shiza is passionate about the future of impact through technology; she studied exponential technologies at Singularity University, which is dedicated to applying futuristic innovations to advancing humanity. Shiza also graduated from Stanford University with University Distinction. She was a business analyst with McKinsey & Company.

Shiza is renowned for her work, receiving many awards as a thought leader. She was named one of TIME's "30 Under 30 People Changing the World," Forbes "30 Under 30 - Social Entrepreneurs" and a Tribeca Institute Disruptive Innovator. She is a member of the WEF Global Agenda Council and has been featured in multiple publications, including Forbes, Fast Company, Elle, Glamour, Town and Country, The Edit, CNN, ABC, Al Jazeera, MSNBC and others.

## MORNING BREAKOUT SESSION SPEAKERS



### Lisa Kueng

*Director of Creative Campaigns, Invesco Consulting*

Lisa is a national speaker and the developer of many of Invesco's practice-building programs including the "Your Prosperity Picture" workshop for women investors, "New Retirementality," and "T.E.A.M. Dynamics." She is co-author of the book, *Picture Your Prosperity: Smart Money Moves to Turn Your Vision into Reality*.

Prior to joining Invesco in 2010 when the firm combined with Van Kampen Investments, she spent 12 years with Van Kampen's Consulting Group (now known as Invesco Consulting), a group dedicated to helping financial advisors get, keep and grow business. Before that she completed a ten-year stint in advertising account management, including a two-year engagement as an account supervisor at DDB Worldwide. Lisa holds a BS in journalism with a concentration in speech communications from the University of Illinois and earned her Registered Corporate Coach designation in 2004.

She is currently a member of the Invesco Women's Network, a volunteer for One Million Degrees and a regular guest speaker at Loyola University in Chicago. Lisa lives in downtown Chicago with her family. In her free time, she enjoys reading, going to the theatre and eating. To counteract the latter, she has taken up running.

## MORNING BREAKOUT SESSION SPEAKERS



### Mike Knox

*Director of New Student and Leadership Programs, UC Irvine*

As the founding Director of the UCI's Center for Student Leadership (CSL), Mike oversees new undergraduate student orientation, and manages an array of student leadership programs and resources. In addition, he instructs multiple classes including Thrive@UCI, Lead@UCI, Healthy Masculinity, and an annual seminar on Racial Justice Allyship.

Since coming to UCI in 2007 as the Interim Assistant Director of New Student Programs, Mike has steadily taken on increasing responsibility and grown the department, first to New Student and Leadership Programs in 2014 when he became the Director, and now to the Center for Student Leadership. In that time he has twice been recognized as Mentor of the Year for the student organization Challenging All Men to Prevent Sexism, and has served as a three time keynote speaker for UCI's Take Back the Night. Outside of UCI, he has been a regular speaker and consultant on issues related to power, privilege, and allyship and to promoting healthy masculinity and racial justice.

In 2006 Mike earned his Masters degree in Higher Education and Organizational Change from UCLA where he held a Research Assistantship focused on diversity in higher education and pathways to college for underrepresented students. He earned his Bachelors degree from UCI in Psychology and Social Behavior in 2003.

Mike is the incredibly lucky partner of the world's literal best human and the proud father of two amazing kids. Personally and professionally, he is determined to do his part to make sure they and all children inherit a more socially just and safer world than the one we have now.



### Adrian Williams

*Program Coordinator, UC Irvine Womxn's Hub*

Hi, I'm Adrian! I am a Marriage and Family Therapist Trainee, the Program Coordinator at UC Irvine's Womxn's Center, and the Founder of Do Tell podcast. I was born, raised, and currently reside in Southern California. My personal mantra is to "be the change I wish to see in the world," and I knew my calling was intrinsically tied to becoming a psychotherapist and mentor. Prior to starting this work, as I came of age, I began to question my sexuality. I sought out therapy to help reconcile the cognitive dissonance I felt regarding my sexuality and Christian beliefs. However, I did not feel seen, understood, or supported by my therapist. This distressing experience nearly detoured me from entering this helping profession, but in the end, it inspired me to become the therapist I needed when I was younger.

Ultimately, it is my mission to utilize my education and skillset to serve the LGBTQ community, young adults, and people of color as they work towards holistic wellness, the fulfillment of their academic and career goals, and evolving into their best self. I will do so drawing on my B.A. in Sociology, as well as my M.S. in Counseling Psychology with a concentration as a Professional Clinical Counselor and a certification in Interprofessional Education.

## MORNING BREAKOUT SESSION SPEAKERS



### Tatiana Lee

*Actor, Model, Hollywood Inclusion Influencer, Accessible Hollywood*

Tatiana Lee is an award-winning actress, model, beauty and lifestyle influencer born with Spina Bifida. Lee felt invisible to the rest of society because she didn't see anyone that looked like her in popular media growing up in Coatesville, PA. She moved to LA to pursue her passions further. Tatiana realized that wheelchair accessibility was a significant barrier for her and wanted to shed insight on her perspective; thus AccessibleHollywood.com was born. Which aims to make Hollywood entertainment accessible and inclusive to people with disabilities. She has spoken to many people about disability in entertainment including on behalf of SAG-AFTRA, Film Independent, and Apple Inc. to name a few. She received the Christopher Reeves Actors Scholarship during Media Access Award in 2018 for her contribution in modeling and film. She was in one of Apple's first ad campaigns featuring people with disabilities using Apple's accessible features and products.

Tatiana can be seen in Jade, the TV Short, which won an award at Omni Cultural TV Festival, Viral videos like Coffee with Tim Cook, CEO of Apple, and modeling campaigns for Parfait Lingerie, Zappos Adaptive, Apple and more.

Her story has appeared in magazine outlets, newspapers, and viral segments across the world including on LifetimeTV, in Singapore and the third largest newspaper in Japan. She currently attends Upright Citizens Brigade Improv Theater as a 3x Diversity Scholarship recipient. Tatiana loves beauty, fashion, fitness, hosting and attending events with her peers, and has dedicated her life to fighting for inclusion of people with disabilities in all aspects of mass media.



### Yvette Martinez-Rea

*CEO, ESL North America*

Yvette Martinez-Rea is Chief Executive Officer at ESL North America, where she leads the strategy and operations of the region. ESL, a part of the international digital entertainment group MTG, is the world's largest esports company. Previously, Martinez-Rea served as Chief Operating Officer (COO) at ESL North America, where she oversaw business operations for the region.

Prior to ESL, Martinez-Rea served as Chief Operating Officer at Violet Grey, a venture-backed luxury beauty content and commerce company based in Los Angeles, where she oversaw the company's growth, as well as business initiatives and the development of the company's fulfillment, e-commerce systems and retail operations.

Before joining Violet Grey, Martinez-Rea was a Vice President of Change Management for Yahoo!'s Global Products organization, responsible for leading the cross-functional change efforts to improve engineering quality and overall organizational effectiveness for a 6,000-person global division. Previous roles at Yahoo! include Senior Director of Strategy and Business Management, Global Products, and Senior Director of Strategy and Business Operations and Chief of Staff to EVP Yahoo! North America. She also acted as the executive sponsor for the Southern California chapter of Women in Technology.

Formerly, Martinez-Rea was the Vice President of Operations at United Online Inc., a publicly traded internet services provider, responsible for business and sales operations for multiple brands including NetZero, Juno, Classmates, Photosite, and UOL Web services.

Martinez-Rea was recognized by Sports Business Journal as a 2018 Game Changer. She also serves on the board of Young & Healthy, a non-profit dedicated to providing healthcare to underserved children. She holds dual undergraduate degrees in English Literature and Gender Studies from the University of Southern California.

## LUNCHTIME PROGRAM



### Nicole Maines

*Transgender Youth Advocate*

Nicole Maines grew up in Portland, Maine with her brother, Jonas, her mother, Kelly and father, Wayne. When she was four-years-old she started telling her family, community, and state who she was. Every step of the way she has worked with her classmates and community to be open and honest so everyone could learn and grow throughout the process. Unfortunately some people continued to fear the unknown. This fear impacted Nicole and her family's ability to lead a normal life. These fears changed her world and her family's world forever.

Because of this painful journey, Nicole has become a strong woman with a clear and loud voice for safety and equality. She has been recognized nationally for fighting to make sure transgender students have the same rights as their classmates. In January of 2014 the Maine's Supreme Court ruled that Nicole's rights had been violated under the state's Human Rights Act, marking a historic and landmark victory for transgender rights in the U.S. It is the first time a state's highest court has ruled that it is unlawful to deny transgender students access to the bathroom of the gender with which they identify.

The Maine ACLU, Equality Maine and Healthy Girls and Hardy Women have recognized Nicole for her courage, strength and commitment to promoting change. When she was just thirteen-years-old she worked closely with GLAD, Equality Maine, the ACLU and the Maine Women's Lobby to defeat LD 1046, a bill that would have rolled back transgender protections in Maine.

In 2015 Nicole was featured in a new book, *Becoming Nicole: The Transformation of an American Family*. It is a NEW YORK TIMES BESTSELLER and A NEW YORK TIMES NOTABLE BOOK, along with a number of other recognitions.

On July 21, 2018 at San Diego Comic-Con, it was announced that Nicole would join the cast of The CW series *Supergirl* as the first transgender superhero, Nia Nal / Dreamer. In 2019 she starred in the film, *Bit*.



### Kenneth Crouch

*Musician*

A classically trained Los Angeles native, Kenneth Crouch began his professional career as a musician, musical director and producer when he recorded with Tony Haynes at famed percussionist Munyungo Jackson's recording studio.

Kenneth has since performed and recorded with Mariah Carey, Eric Clapton, George Clinton, Dr. Dre, Bob Dylan, Whitney Houston, Michael Jackson, B.B King, Lenny Kravitz, Tom Petty, Bonnie Raitt and Lionel Richie to name a few.

Kenneth's passion for music stretches beyond the pop and R&B borders. For seven years, he was the Musical Director for Latin music icon Marc Anthony. As an accomplished Musical Director, he's also worked with BabyFace, Brandy, Chris Brown, Destiny's Child, Lauryn Hill, Jamie Foxx, Jennifer Lopez, and Brian McKnight.

In addition, Kenneth has produced music for Brandy, Mariah Carey, Barry White and many more.

## AFTERNOON BREAKOUT SESSION SPEAKERS



### Lorie Reichel-Howe

*Founder, Conversations In The Workplace*

Lorie Reichel-Howe is founder of Conversations in the Workplace. She equips managers and teams to have "safe conversations" – transformative dialogue that uncovers hidden workplace issues. Whether addressing challenging team dynamics, mismanaged expectations or good old-fashioned bad behavior, "safe conversations" foster greater innovation, inclusion and collaboration within organizations.

With over 20 years of experience in communications and relationship management, training and development, Lorie is passionate about supporting organizations in creating a culture where people love where they work and love the people they work with.

Lorie is a professional mediator and conflict coach. She has supported organizations such as SHRM, PIHRA, Women in Technology International, Santa Clara Superior Court, Rimini Street Incorporation, San Jose State University and many more.



### Melody Cheng, Helen Wu, and Janet Wang

*Podcast Hosts, AsianBossGirl LLC*

A podcast for the modern day Asian American woman hosted by Melody Cheng, Helen Wu, and Janet Wang.

We started this podcast as an outlet for topics we are interested in, and for sharing stories we have as 20-30 something year old Asian American women working, dating, and living in Los Angeles.

It's no secret that Asian women are lacking in almost all media outlets. As three women working in finance, tech, and production who balance careers, life aspirations, and eventful social lives (we have our fair share of 5am returns from the club), we hope our perspectives can help, inform, and entertain those girls (and guys) with similar backgrounds or an interest in our backgrounds.

We like to think of this as our invitation for you to join our once private girl talk sessions! So join us for our session and let's get this show started!

## AFTERNOON BREAKOUT SESSION SPEAKERS



### Dr. Sumun Pendakur

*Chief Learning Officer, USC Race and Equity Center*

Dr. Sumun L. Pendakur (Sumi) believes that we have infinite capability to imagine and enact a more just, equitable, and compassionate world. The body of her work focuses on helping campuses, non-profits, and other organizations build capacity for social justice and racial equity by empowering everyone to be strategic, transformational agents of change in their spheres of influence. She serves as the Chief Learning Officer and Director of the USC Equity Institutes at the USC Race and Equity Center, dedicated to advancing racial justice in higher education and other sectors. Prior to this position, Sumi held roles as the Assistant Vice President for Diversity and Inclusion at Harvey Mudd College and as the Director for USC Asian Pacific American Student Services. Sumi is a scholar-practitioner and was recently re-appointed to the Board of Directors for NADOHE, the national chief diversity officers' organization.

Pendakur is a graduate of Northwestern University with a double major in Women's Studies and History and a Minor in Spanish. She holds an M.A. in Higher Education Administration from the University of Michigan. She received her doctorate in Higher Education Leadership from the USC Rossier School of Education. In 2019, she was named one of the top 35 women in higher education by Diverse: Issues in Higher Education magazine.

Sumi is the multilingual daughter of immigrants, was raised in the Midwest, and currently calls Los Angeles, CA, home. She is the wife of actor Sunil Malhotra, and proud mommy to Shashi Veer and Shama Shakti.



### Kelsey Domann-Scholz

*Counselor/Consultant/Activist, Wild Fern Counseling, PLLC*

Kelsey Domann-Scholz is passionate about helping people foster a sacred relationship with their bodies and heal wounds associated with diet-culture and disordered eating. In her work as a therapist, educator, and speaker in Durham, North Carolina, she works with clients of all genders on deconstructing Eurocentric and cis-normative beauty standards with the goal of making peace with food and reclaiming the inherent wisdom of the body. As an advocate for Intuitive Eating and Health at Every Size, Kelsey brings an understanding of the ways that colonization, racism, poverty, sexism, and other forms of oppression impact the ways we relate to and value bodies in healthcare settings.

She seeks to make the world a safer place for ALL BODIES.

Kelsey holds a masters degree in Professional Mental Health Counseling from Lewis & Clark College in Portland, Oregon, completed post-masters coursework at the University of North Carolina at Greensboro, and is a Certified Intuitive Eating Counselor. She has been honored by the National Communication Association for her work in the field of interpersonal communication, has authored journal articles, and served as a reviewer and editorial assistant for multiple books and publications.

In addition to providing individual counseling services, Kelsey leads Intuitive Eating support groups, facilitates mindfulness and body acceptance retreats, co-facilitates a meditation group for therapists, and serves as a speaker and consultant related to eating disorder prevention and treatment. She is in the midst of relocating back home to Portland, Oregon where she will continue to see clients in private practice and teach as an adjunct instructor in the eating disorder program at Lewis & Clark College.

## AFTERNOON PROGRAM



### Sheila Kuehl

*3<sup>rd</sup> District Supervisor, Los Angeles County Board of Supervisors*

Supervisor Sheila James Kuehl is currently the Chair of the Board of Supervisors representing Los Angeles County's Third District, where she has undertaken or collaborated in a number of initiatives and motions to improve the quality of life and reform systems in the County.

Supervisor Kuehl served eight years in the State Senate and six years in the State Assembly. She was the Founding Director of the Public Policy Institute at Santa Monica College and, in 2012, was Regents' Professor in Public Policy at UCLA.

She was the first woman in California history to be named Speaker Pro Tempore of the Assembly, and the first openly gay or lesbian person to be elected to the California Legislature. She served as chair of the Senate Health and Human Services Committee, Natural Resources and Water Committee, and Budget Subcommittee on Water, Energy and Transportation, as well as the Assembly Judiciary Committee. Additionally, she authored 171 bills that were signed into law.

Prior to her election to the Legislature, as a public-interest attorney Supervisor Kuehl drafted and fought to get into California law more than 40 pieces of legislation relating to children, families, women, and domestic violence. She was a law professor at Loyola, UCLA and USC Law Schools and co-founded and served as managing attorney of the California Women's Law Center.



### Anne-Marie Slaughter

*CEO, New America*

Anne-Marie Slaughter is CEO of New America and the Bert G. Kerstetter '66 University Professor Emerita of Politics & International Affairs at Princeton University. From 2009-2011 she served as director of Policy Planning for the US State Department, the first woman to do so. Prior to government.

Dr. Slaughter was Dean of Princeton's Woodrow Wilson School of Public & International Affairs from 2002-2009 and the J. Sinclair Armstrong Professor of International, Foreign, & Comparative Law at Harvard Law School from 1994-2002.

She has written or edited seven books including "The Chessboard and the Web: Strategies of Connection in a Networked World" and "Unfinished Business: Women Men Work Family" and is a frequent contributor to a number of publications including The Atlantic and Financial Times. In 2012 she published "Why Women Still Can't Have It All" in The Atlantic, which became one of the most read articles in The Atlantic's history and helped renew national debate on continued obstacles to full gender equality.

## AFTERNOON PROGRAM



### Diana Nyad

*Record-Breaking Endurance Athlete & Sports Journalist*

At the age of 64, in her fifth and final attempt, Diana Nyad successfully fulfilled her lifelong dream of completing the 110-mile swim from Cuba to Florida on September 2, 2013. Upon completing her grueling 53-hour journey, a breathless Nyad told the world, "I have three messages. One is we should never ever give up. Two is you are never too old to chase your dreams. And three is it looks like a solitary sport, but it takes a team."

Nyad has never been one to quit. In July of 2010, at the age of 60, she began her "Xtreme Dream" quest of swimming from Cuba to Florida, a task she had failed to finish thirty years previously. When asked her motivation, she replied, "Because I'd like to prove to the other 60-year-olds that it is never too late to start your dreams." Nyad was unsuccessful in her quest in 2010 and tried two more times 2011 and 2012 before completing the historic swim in 2013.

Back in the 1970's, Nyad was the greatest long-distance swimmer in the world. Her world records, such as circling Manhattan Island and crossing the 102.5 miles between the Bahamas and Florida, have led to inductions to many Halls of Fame, such as the International Women's Sports Hall of Fame.

Nyad became a prominent sports broadcaster, filing compelling reports for NPR, ABC's Wide World of Sports, Fox Sports, and The New York Times. She has written three books and speaks French and Spanish fluently. Nyad has also earned the reputation of a uniquely passionate and entertaining public speaker, earning standing ovations with a broad spectrum of audiences.

## SHARE YOUR THOUGHTS & ENTER TO WIN!

Fill out our survey about today's conference, and enter to win one of two prizes, including:

- A pair of tickets to The Huntington
- A pair of VIP passes to The Broad Museum
- A Coach Signature Purse

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To take the anonymous survey, visit [surveymonkey.com/r/2019LACWLC](https://surveymonkey.com/r/2019LACWLC) or use the QR code:



The winners will be announced before the closing remarks. Winners must be present to claim prizes.

Never used a QR code before? Open your phone's camera app, focus the camera over the QR, and a link will pop up directing you to the survey (works with most cell phones).

## MORNING BREAKOUT SESSION DESCRIPTIONS

**Lisa Kueng**, Director of Creative Campaigns, Invesco Consulting

### ***Your Prosperity Picture***

Prosperity is about being successful – not just with your money, but with your life – and this workshop focuses on both! It's designed to help you overcome the obstacles of negative thinking about money and being stuck in old financial patterns that aren't working. Instead, "Your Prosperity Picture" seeks to help you clarify your vision of your life and your money, refresh your motivation and take action. The end result? Our goal is that you'll leave with everything you need to transform your financial vision into reality!

**mike knox**, Director of New Student and Leadership Programs, UC Irvine

**Adrian Williams**, Program Coordinator, UC Irvine Womxn's Hub

### ***How Not to be an A\*\*hole When Talking About Male Privilege***

This session will explore male privilege as well as healthy and unhealthy masculinity in and out of the workplace. Designed to be a conversation (with opportunities for audience participation) Adrian and mike will explore how masculinity has been defined traditionally and how it might be redefined. We will discuss the impacts of unhealthy, or toxic, masculinity on individuals, relationships, organizations, and society as a whole, and will work to identify ways we can uphold and embody healthier forms of masculinity that support inclusion and equity and that allow all of us to be more authentically ourselves. For a taste of what's to come, check out our conversation on the UCI Womxn's Hub podcast, "Things to Consider" - <https://womenshub.uci.edu/podcast.php>

**Yvette Martinez-Rea**, CEO, ESL North America

### ***One of These Things is Not Like the Other: Leveraging Your Distinction to Lead and Succeed***

As CEO of ESL North America, of the world's largest esports company, Martinez-Rea knows what it takes to not only thrive in a predominantly male industry but also lead a team to success, despite being distinct in almost every way. In a company of 500+, she is the only woman on the executive team, one of the oldest employees, and most certainly NOT a gamer. This session will empower women and equip them with lessons on how to leverage difference to influence and succeed in the work environment, no matter how much they may stand out at first.

**Tatiana Lee**, Actor, Model, Hollywood Inclusion Influencer, Accessible Hollywood

### ***The Power of Media Perception***

Tatiana Lee shares the story of her upbringing, born a black woman with spina bifida and raised by a single mother, and how it influenced her work in entertainment. Lee saw a lack of representation of people like herself, and it shaped how she felt about herself and others' perception of her. Perception affected her in many ways through education, friendships, career, and public interactions. She still faces challenges today due to the impact media has on how people perceive marginalized communities, and how that influences work place culture. You will leave this session feeling inspired and with tips on how to be more inclusive of disability.

## AFTERNOON BREAKOUT SESSION DESCRIPTIONS

**Lorie Reichel-Howe**, Founder, Conversations In The Workplace

### ***Making Difficult Conversations, Safe Conversations***

While research shows that women have an innate ability to communicate and communicate well, their tendency to hesitate, over-think and step back instead of stepping up to address heated and touchy issues limits their ability to influence change and sabotages their career success. When professional women engage in "safe conversations" – transformative dialogue that uncovers hidden workplace issues, they develop their voice, take back their power and overcome the barriers that hinder their success.

**Melody Cheng, Helen Wu, and Janet Wang**, Podcast Hosts, AsianBossGirl LLC

### ***Imposter Syndrome with AsianBossGirl***

Imposter Syndrome - a state of insecurity & self-doubt about one's ability and/or achievements, believing they are due to luck or having successfully deceived others into thinking they are smarter or more capable than they really are. It's a prevalent feeling (especially amongst women); this fear of being exposed as a "fraud". What is one time you have dealt with imposter syndrome and how did you cope? What would you do differently (if anything)? In this session, we will have a group discussion about personal experiences with imposter syndrome, whether related to work, dating, personal relationships, or other.

**Dr. Sumun Pendakur**, Chief Learning Officer, USC Race and Equity Center

### ***Beyond the Status Quo: Women's Leadership with Purpose***

You've seen this time and time again: people get excited that a woman has been selected for a leadership role. But that particular woman continues or reinforces the same status quo policies that have existed in perpetuity. There is no guarantee that simply being a woman in leadership means that the outcome will be different! So what does it mean to lead with specificity and inclusivity? What skills do you need to continue to hone so that your path does not reproduce the ills and mistakes that have come before? These questions lie at the heart of the exploration of socially conscious women's leadership. Join me for a hands-on workshop to delve into YOUR assets and blindspots on your leadership journey, as well as gain concrete tools for the way forward. Don't simply replicate what has come before. Let's tackle the rich opportunity that exists for all of us – to be leaders, change agents, and pathbreakers for so many who need you to be far more than what currently exists.

**Kelsey Domann-Scholz**, Counselor/Consultant/Activist, Wild Fern Counseling, PLLC

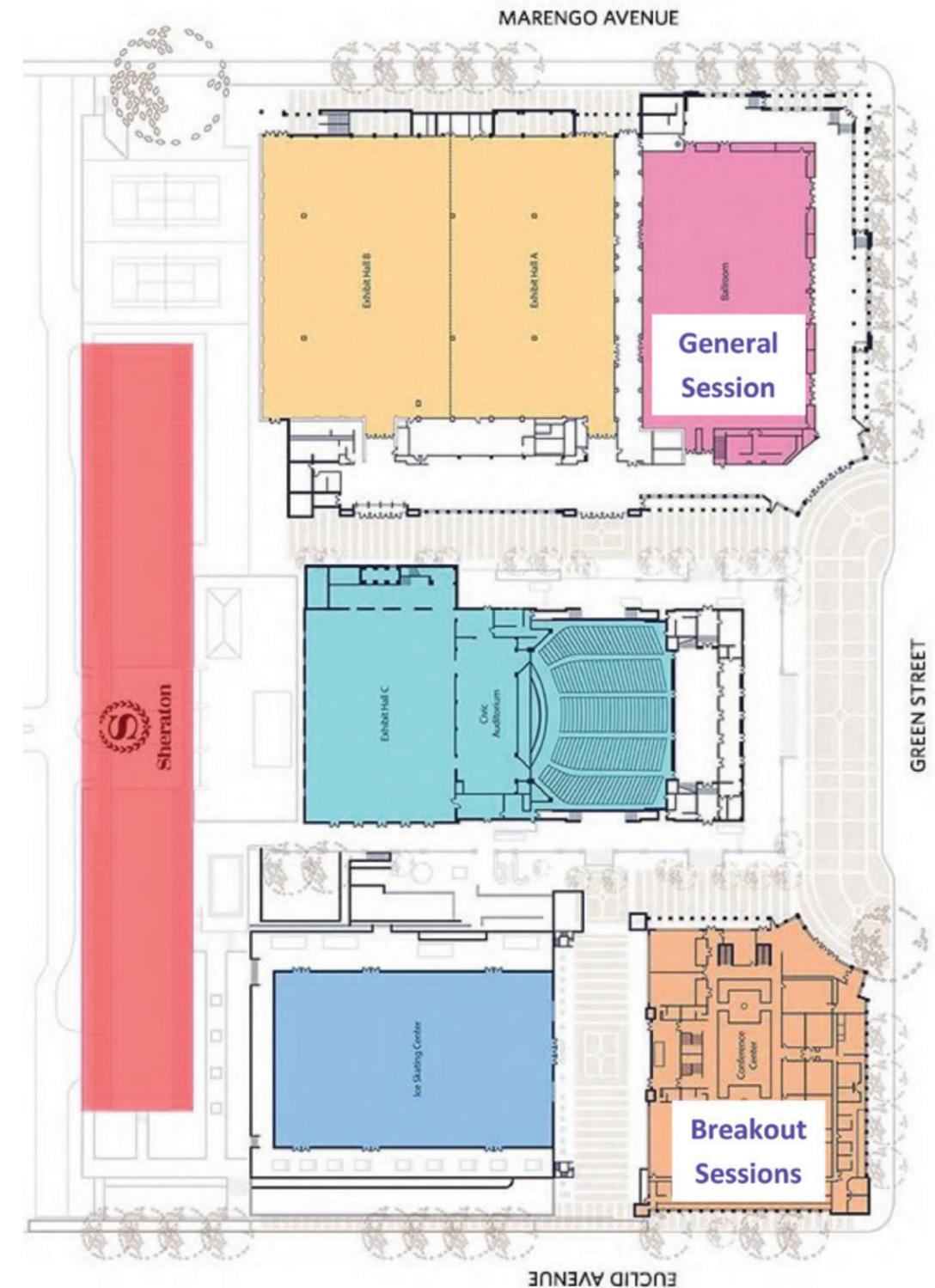
### ***Healing from Diet Culture: Making the World Safer for All Bodies***

Our culture demands that women get smaller, not only in terms of our waist size, but also in our words, actions, and presence. Kelsey Domann-Scholz, an eating disorder therapist who operates from an Intuitive Eating and Health at Every Size perspective, invites you to make peace with food and your body by tuning into your body's inner wisdom and rejecting toxic diet culture. Participants will learn about the ways in which systems of oppression contribute to certain bodies being valued more than others and the far-reaching impact that can have on individual and collective health outcomes. The session will also highlight strategies to challenge these systems in order to slowly shift our homes, workplaces, and social groups towards weight neutrality and body acceptance. Kelsey blends experiential mindfulness and embodiment exercises with tender, personal storytelling and scientific research as she calls participants to ditch diet culture and move towards an attitude of body liberation for ALL bodies.

## SPEAKER SOCIAL MEDIA ACCOUNTS

Speaker	Twitter	Instagram
Adrian Williams	@dotellpodcast	@dotellpodcast
Anne-Marie Slaughter	@slaughteram	
AsianBossGirl	@asianbossgirl	@asianbossgirl
Diana Nyad	@diananyad	@diananyad
Dr. Janus Adams	@janusadams	@janusadamsauthor
Kathryn Barger	@kathrynbarger	@supervisorkathrynbarger
Kelsey Domann-Scholz		@wildferncounseling
Lisa Kueng	@InvescoUS	@InvescoUS
Mark Pestrella	@mp_lacountydpw	
Nicole Maines	@nicolemaines	@nicolemaines
Sachi Hamai	@lacountyceo	
Sheila Kuehl	@sheilakuehl	@sheilakuehl
Shiza Shahid	@shiza	@shiza
Dr. Sumun L. Pendakur	@sumunlpendakur	@dr_sumi
Tatiana A.Lee	@mstatilee	@mstatilee
Yvette Martinez-Rea	@esl	

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### Introduction Video:

Brian Fung

### Music:

Kenneth Crouch Band

### Graphic Design:

Joseph Alford, Vickie Huen

### Event Coordination:

Rambo House

### Photography and Videography

- Adam Georgieff
- Benjamin Uy
- Cuauhtemoc Reyes
- Jeffrey Wang
- Josh Smalley
- Judith Green
- Karen Zarsadiaz
- Russell Marquez.

### Conference Ambassadors:

- Abdul Haikal
- Abigail Flores
- Agnes Nguyen
- Allison Cardona
- Alynn Sun
- Amy Le
- Ana Ronquillo
- Anaeis Manoukian
- Andrew Ross
- Angela Jung
- Angie Nguyen
- Ann Aguilar
- Ann-Marie Mendoza
- Armando D'Angelo
- Bezait Ali
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- Diego Rivera
- Donna Diaz
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- Edward Vidal
- Elecia Morris
- Elizabeth Tanner
- Elizabeth Webster
- Erika Mesa
- Glenda Rodil
- Heather Hogelund
- Itzel Guerrero
- Javaneh Noorparvar
- Jefferson Du
- Jennifer Nuno
- Jennifer Revuelta
- Josafat Flores
- Joseph Alford
- Joshua Svensson
- Judith Green
- Justin Jones
- Kaitlin Hannon
- Kara Plourde
- Kathy Salama
- Katie Mac
- Kawsar Vazifdar
- Kevin Phan
- Kevin Woods
- Kimberly Burch-Garcia
- Laura Ebbott
- Laura Rockett
- Leigh Clausen
- Linh Vuong-Shaffer
- Lorena Chavez
- Lt. Marta Contreras
- Lukas Bradley
- Mackenzie Domann
- Maria Carlson
- Maria Rodriguez
- Marie Nunez
- Mark Beltran
- Mary Villanueva
- Mayra Cabrera
- Melanie Morita
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- Zahra Karimy

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